



**DATE:** June 29, 2007  
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**FOR IMMEDIATE RELEASE**

**Virginia Mason Team Medicine Marathon at Seafair Hits the Streets of Bellevue  
July 8!**

The Virginia Mason Team Medicine Marathon at Seafair returns to the streets of Bellevue, July 8 (7 a.m.) featuring a runner-friendly course, marathon team relay, an excellent field of elite runners, new Kids Mini-Marathon and Nordic Walking Division. The day's event also includes a Half Marathon run/walk and 5K run/walk.

**Marathon Course**

Starting and finishing at Bellevue's Downtown Park, the course takes advantage of scenic Bellevue neighborhoods, parks and the area around Kirkland Bridle Trails, promising to be a festive experience for both the elite and recreational runner.

**Avast ye Mateys!**

The Seafair Pirates have laid claim to the 2007 Marathon. The beloved hulk, Moby Duck will act as the official "pace car" and look for the salty troupe's shenanigans along the route and finish line.

**Elite Runners Chase Top Prize Money**

On the men's side, 2006 Seattle Marathon runner-up Andy Martin (2:29.08) matches up against Dan Salazar of Tacoma, a Top 10 finisher at last year's Marathon. In the women's division, Trish Steidl of Seattle looks to defend her 2006 Seafair Marathon crown against Caryn Heffernan who competed in the 2006 Olympic Team Trials. Each overall male and female marathon winner will receive \$1,500.

Benefiting the Floyd and Delores Jones Cancer Institute at Virginia Mason Medical Center, the marathon is a USATF-certified course and a Boston Marathon qualifier.

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**WHAT:** Virginia Mason Team Medicine Marathon at Seafair  
**WHEN:** July 8, 2007  
**WHERE:** Starting/finishing at Bellevue Downtown Park (near Bellevue Square)  
**EVENT TIMING:** 5K (6:55 a.m.), Marathon Run & Team Relay (7:00 a.m.), Half Marathon Run (7:15 a.m.), Half Marathon Walk (7:30 a.m.) Media covering the event are encouraged to arrive by 6:15 a.m.

Official sponsors of the Virginia Mason Team Medicine Marathon include: Virginia Mason Medical Center, Regence Blueshield, Brooks, City of Bellevue, AT&T, Clif Bar, TalkingRain, Hilton Bellevue, Washington Athletic Club, Foot Zone, Gleukos, Southwest Airlines, Princess Cruises, 102.5 KZOK The Classic Rock Station and KIRO-TV.

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